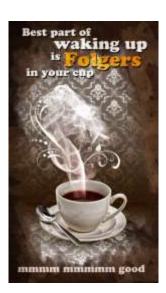


Coffee vs. Tea

Lesson plan – Pre-Intermediate / Intermediate







WARM-UP

1. What associations do you have with coffee?

2. Look at the coffee ads above and discuss:

- ✓ What purpose for drinking coffee does each picture represent?
- ✓ What emotions do you have about each of them?
- ✓ Which of these ads could convince you to have a cup of coffee and which couldn't? Why?

3. Answer the questions about you:

- 1. Which beverage do you prefer, coffee or other beverages? Why?
- 2. Why are many people so obsessed with coffee?
- 3. Do you have your favorite coffee-shop? What is it? What do you especially like about it?
- 4. Is coffee good or bad for peoples' health? Give reasons.



Coffee vs. Tea

Lesson plan – Pre-Intermediate / Intermediate

VOCABULARY

- 1. Range the types of coffee drinks in order of your preferences. Explain your choice. In your opinion, is there a connection between preferable type of coffee and personality?
 - Instant coffee
- Irish coffee
- Skinny latte
- Decaf
- Cappuccino
- Frappuccino
- Black coffee
- Latte

2. Match the words with the pictures:

coffee beans grind coffee coffee ground coffee grinder brew coffee syrup Turkish coffee pot French press









1.

2.

3.

4.









5.

6.

7.

8.



- 3. Answer the questions:
 - Have you ever tried to read coffee grounds?
 - ➤ How do you brew your coffee?
 - What equipment for brewing coffee do you have at home?

VIDEO

- 1. Which is better, tea or coffee? Think of couple of reasons supporting your opinion. What reasons could your opponent give?
- 2. Watch the video. Which beverage does the author of the video prefer?
 - > Coffee vs Tea: Which is Best? https://youtu.be/csSq4emMwGk
- 3. Watch the video again and decide if the statements are true or false.
 - 1. There aren't a huge amount of vitamins and minerals in coffee and tea.
 - 2. Coffee contains 20 grams of caffeine in 100 g serving.
 - 3. Black tea can't give you enough caffeine to keep you going.
 - 4. Green tea and black tea come from the same plant.
 - 5. Only green tea helps to rid the body of free radicals.
 - 6. There are scientifically proved health benefits of coffee.
 - 7. Studies have found that coffee might be helpful in reducing risk for diabetes.
 - 8. There aren't as many variations of tee compared with coffee.

4. Discuss the questions:

- What surprised you the most from the video?
- ❖ How far do you agree with the author?
- What else do you know about the way coffee and tea effect on health?



SPEAKING

- 1. Look at the statements below and tell your opinion about each of them. Use the expressions from the "Useful language" box.
 - > Caffeine is good for peoples' health.
 - > Instant coffee is delicious.
 - > Green tea is the healthiest beverage.
 - Coffee doesn't help to wake up in the morning.
 - > Coffee is better than tea.
 - > Starbucks is the best coffee shop.
 - > Expensive tea or coffee doesn't necessarily mean better.
 - ➤ People who prefer regular black coffee are boring people.
 - > Cappuccino isn't actually a coffee.

Useful language			
Giving opinion	Agreeing	Disagreeing	Partly agreeing
The way I see it	Exactly! / Absolutely! /	I don't think so	I agree for some
Well, if you ask me	Definitely!	I don't agree at all	extend
In my view	I couldn't agree more!	Definitely not!	Well, yes, but
(opinion),	I totally/absolutely	I'm not sure about that	Yes, I suppose so,
I definitely think that	agree with this.		however
I strongly believe in	That's a good point.	There is no chance for me to agree	That could be, but
	That's exactly what I think.	That's ridiculous!	You're right up to a point

KEY

Vocabulary

2: 1 – brew coffee; 2 – coffee ground; 3 – coffee beans; 4 – syrup; 5 – grind coffee; 6 – coffee grinder; 7 – French press; 8 – Turkish coffee pot

Video

2. He's a tea drinker.