



Coffee vs. Tea

Lesson plan – Pre-Intermediate / Intermediate



WARM-UP

1. What associations do you have with coffee?

2. Look at the coffee ads above and discuss:

- ✓ What purpose for drinking coffee does each picture represent?
- ✓ What emotions do you have about each of them?
- ✓ Which of these ads could convince you to have a cup of coffee and which couldn't? Why?

3. Answer the questions about you:

1. Which beverage do you prefer, coffee or other beverages? Why?
2. Why are many people so obsessed with coffee?
3. Do you have your favorite coffee-shop? What is it? What do you especially like about it?
4. Is coffee good or bad for peoples' health? Give reasons.



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VOCABULARY

1. Range the types of coffee drinks in order of your preferences. Explain your choice. In your opinion, is there a connection between preferable type of coffee and personality?

- | | | | |
|---|--|--|--|
| <ul style="list-style-type: none">• Instant coffee• Skinny latte | <ul style="list-style-type: none">• Irish coffee• Decaf | <ul style="list-style-type: none">• Cappuccino• Frappuccino | <ul style="list-style-type: none">• Black coffee• Latte |
|---|--|--|--|

2. Match the words with the pictures:

coffee beans	grind coffee	coffee ground	coffee grinder
brew coffee	syruop	Turkish coffee pot	French press



1.



2.



3.



4.



5.



6.



7.



8.



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3. Answer the questions:

- Have you ever tried to read coffee grounds?
- How do you brew your coffee?
- What equipment for brewing coffee do you have at home?

VIDEO

1. Which is better, tea or coffee? Think of couple of reasons supporting your opinion. What reasons could your opponent give?

2. Watch the video. Which beverage does the author of the video prefer?

- Coffee vs Tea: Which is Best? - <https://youtu.be/csSq4emMwGk>

3. Watch the video again and decide if the statements are true or false.

1. There aren't a huge amount of vitamins and minerals in coffee and tea.
2. Coffee contains 20 grams of caffeine in 100 g serving.
3. Black tea can't give you enough caffeine to keep you going.
4. Green tea and black tea come from the same plant.
5. Only green tea helps to rid the body of free radicals.
6. There are scientifically proved health benefits of coffee.
7. Studies have found that coffee might be helpful in reducing risk for diabetes.
8. There aren't as many variations of tee compared with coffee.

4. Discuss the questions:

- ❖ What surprised you the most from the video?
- ❖ How far do you agree with the author?
- ❖ What else do you know about the way coffee and tea effect on health?



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SPEAKING

1. Look at the statements below and tell your opinion about each of them. Use the expressions from the “Useful language” box.

- Caffeine is good for peoples’ health.
- Instant coffee is delicious.
- Green tea is the healthiest beverage.
- Coffee doesn’t help to wake up in the morning.
- Coffee is better than tea.
- Starbucks is the best coffee shop.
- Expensive tea or coffee doesn’t necessarily mean better.
- People who prefer regular black coffee are boring people.
- Cappuccino isn’t actually a coffee.

Useful language			
Giving opinion	Agreeing	Disagreeing	Partly agreeing
The way I see it Well, if you ask me In my view (opinion), I definitely think that I strongly believe in	Exactly! / Absolutely! / Definitely! I couldn’t agree more! I totally/absolutely agree with this. That’s a good point. That’s exactly what I think.	I don’t think so I don’t agree at all Definitely not! I’m not sure about that There is no chance for me to agree That’s ridiculous!	I agree for some extend Well, yes, but Yes, I suppose so, however That could be, but You’re right up to a point